What is claimed is:

1. A frame body for an off-road vehicle comprising:

a frame, the frame being substantially rectangular when viewed from a side, the frame comprising:

a front member, a rear member, an upper main member, and a lower main member, the upper and lower main members being coupled through the front and rear members;

two upper arm supporting areas, the upper arm supporting areas being configured to receive and support a wheel so that the wheel is swingable,

two lower arm supporting areas, the lower arm supporting areas being configured to receive and support a wheel so that the wheel is swingable,

a first coupling member disposed between and coupling together the two upper arm supporting areas,

a second coupling member disposed between and coupling together the two upper arm supporting areas, the second coupling member being substantially V-shaped and extending above the first coupling member, the second coupling member being provided with a shock absorber supporting portion for supporting a shock absorber, the shock absorber supporting portion being positioned at or near an apex portion of the second coupling member.

- 2. The frame body according to claim 1, wherein the upper arm supporting areas, the lower arm supporting areas, the first and second coupling members, and the shock absorber supporting portion have been integrally formed by casting.
- 3. The body frame according to claim 1, wherein a joint for connecting the upper main member to the frame body is provided in the area on or near the apex portion of the second coupling member.

4. The frame body according to claim 3, wherein the upper arm supporting areas, the lower arm supporting areas, the first and second coupling members, the shock absorber supporting portion and the joint have been integrally formed by casting.

5. A frame body for an off-road vehicle comprising:

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a frame, the frame being substantially rectangular when viewed from a side, the frame comprising:

a front member, a rear member, an upper main member, and a lower main member, the upper and lower main members being coupled through the front and rear members;

two upper arm supporting areas, the upper arm supporting areas being configured to receive and support a wheel so that the wheel is swingable;

two lower arm supporting areas, the lower arm supporting areas being configured to receive and support a wheel so that the wheel is swingable;

first coupling means for coupling together the two upper arm supporting areas; and

second coupling means for coupling together the two upper arm supporting areas, the second coupling means extending above the first coupling means,

wherein the second coupling means is provided with a shock absorber supporting means for supporting a shock absorber, the shock absorber supporting means being positioned at or near an apex portion of the second coupling means.